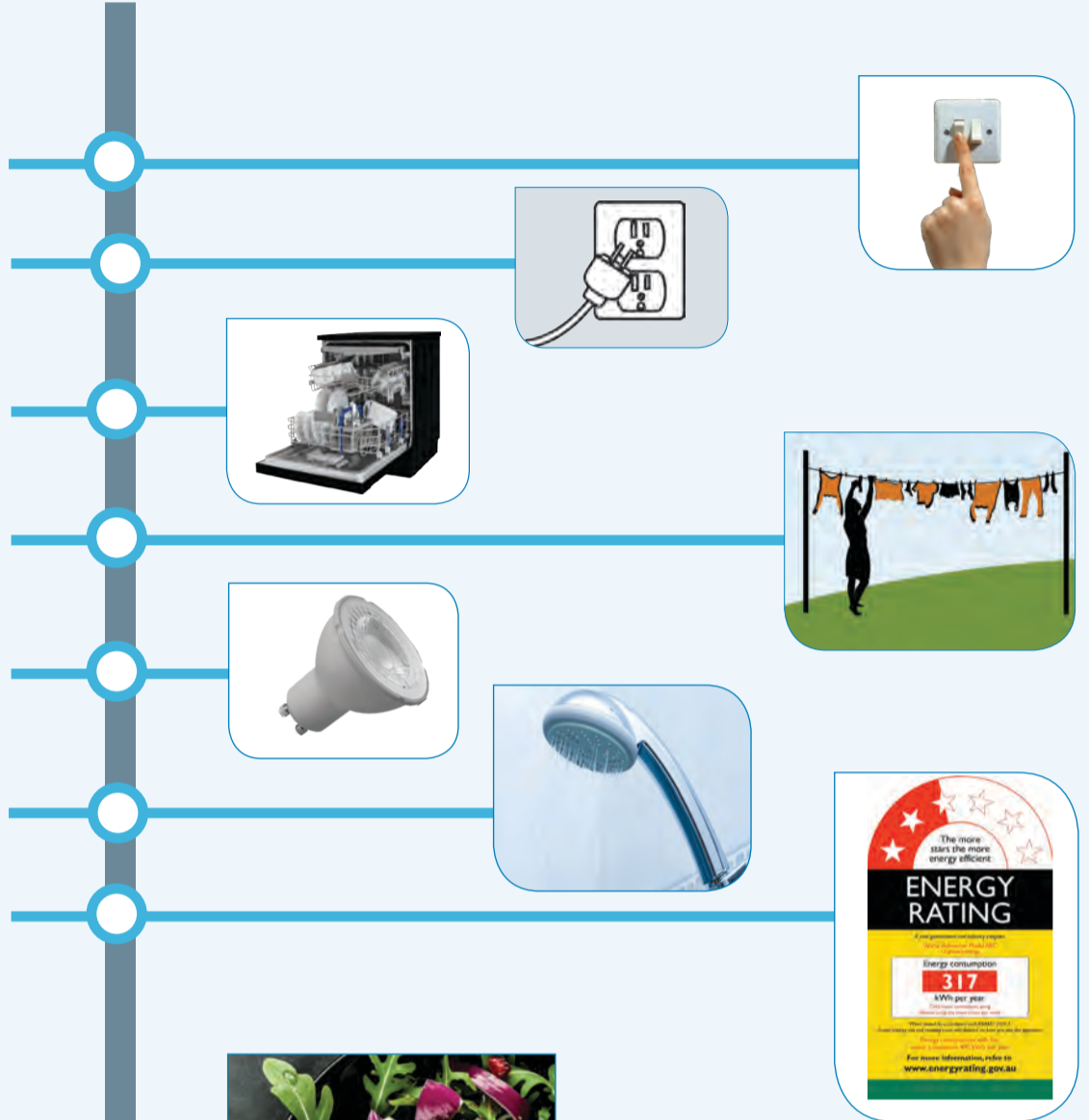


Climate change mitigation

What can I do to reduce the emission of greenhouse gases?

At home

- Switch off lights when they are not in use.
- Unplug electronics from the wall socket when they are not in use.
- Run the dishwasher and washing machine only when they are full.
- Wash clothes in cold water and dry them outdoors when possible.
- Use LED lightbulbs. They use only 25% as much electricity and last ten times longer than incandescent lights.
- Try to take shorter showers – 4 minutes or less.
- When buying new household devices, consider how water and power efficient they are.



In the garden

- Try having a meatless day each week. Red meat produces more greenhouse gas emissions than chicken meat, fruit, vegetables and cereals.
- Plant your own vegetables and fruit trees.
- Buy only the food you need and compost your kitchen scraps and garden waste. This saves it from going to a landfill site where it produces methane (a greenhouse gas) as it decomposes.
- Plant a tree in your garden. Trees provide shade which has a cooling effect in towns and cities. They also remove carbon dioxide (a greenhouse gas) from the atmosphere.



Transport

- Walk or cycle where you can. It's free, has the least impact on the environment and is good for your health.
- If you replace your car, consider buying an electric one.
- Use public transport.

